

*Parent to Parent Support Group  
For Raising Kids who have Issues with:  
Mood, Anxiety and/or Depression*

For More Information and to RSVP

Contact either:

Randi Silverman at [Randisilv@aol.com](mailto:Randisilv@aol.com)

OR

Pam Moskowitz at [pammosk@yahoo.com](mailto:pammosk@yahoo.com)

7:00pm  
Tuesday, March 6<sup>th</sup>, 2012

A Private Residence in  
Chappaqua  
(address provided with RSVP)

*WE'VE GOT ISSUES!*

*JOIN US FOR A FREE, CONFIDENTIAL AND  
INFORMAL SUPPORT GROUP IN WESTCHESTER, NY*

**Learn to help. Learn to cope.**

- **Ideas that help you take care of yourself and your family**
- **A chance to share your experience and to learn from others**